

Name:

Group:

English Learning Journal Cycle 1

Date: _____

1. My Goal for Today

Today, I want to learn:

2. Key Words and Expressions

Write down new words or expressions you learned today:

- _____ → Meaning: _____
- _____ → Meaning: _____
- _____ → Meaning: _____
- _____ → Meaning: _____
- _____ → Meaning: _____

3. Sentences of the Day

Examples of Complete Sentences

Here are 3 example sentences to help you build your own:

1. *I wake up every morning to go to school.*
2. *My favorite color is blue because it reminds me of the sky.*
3. *She is reading a book about animals.*

Use one or more learned words 3 complete sentences (do not copy the examples).

- 1) _____
- 2) _____
- 3) _____

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4. Practice Activity

Choose an activity and complete it:

◆ **Complete the sentence:**

I like to _____ because _____.

◆ **Rewrite the sentence given by the teacher and make it longer:**

→ _____

5. Reflection and Thoughts

Today, I found easy: _____

Today, I found difficult: _____

A word or expression I want to review:

📌 **At the end of the week, review your notes and highlight the words you remember! ✨**

📖 Vocabulary & Grammar on the Web

- [BBC Learning English](#)
- [Duolingo](#)
- [ESL Games Plus](#)

Color me!

